

## Book Reviews



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### World Health and Disease

Gray, A., 1993

Open University Press

£12.99

A valuable O.U. reader which draws upon epidemiology, the social sciences, history and biology to explore patterns of health and disease in the U.K. and the rest of the world. There are many excellent diagrams and illustrations. A well referenced publication that would be of great use to social science students, health promoters and nurses alike.

### Career Development for Nurses : Opportunities and Options

Sanderson, J., 1993

Scutari Press

£15.99

A very concise book suitable for the newly qualified nurse, those considering developing or changing their career, and final year students. Each subject contained in a chapter is addressed effectively and followed by useful references and relevant addresses.

### Electrolytes Body Fluids and Acid Base Balance

Eccles, R., 1993

Edward Arnold

£14.99

The author wrote the book for post graduate medical students. However the subject is relevant to pre registration and post registration nurses and their tutorial colleagues. The use of diagrams to clarify the text is very effective.

### The Health of Women : A Global Perspective

Koblinsky, M. and Timyan, J., 1993

Westview Press

£11.50

This comprehensive book is produced following an international conference in 1991. Any health professional interested in the health of women and its relevance to the family especially children will find the information and ideas contained in the book beneficial.

### **Advanced Paediatric Support : The Practical Approach**

Mackway-Jones, D. ET AL., 1993                      BMJ                      £19.95

Although the primary readers of this book were envisaged as medical staff involved with paediatric emergencies the information is relevant to any student or qualified health professional working with children.

### **Patient and Person : Developing Interpersonal Skills in Nursing**

Stein-Parbury, J. 1993                      Churchill Livingstone                      £11.95

This most readable book is suitable for undergraduate nursing courses, also for educators planning a programme of interpersonal skill development. Throughout various activities focus on the development of skills in a practical, workable manner and contain many useful concepts in the context of a caring relationship.

### **Health and Safety for Nurses**

Chard, C., 1993                      Chapman & Hall                      £12.95

An interesting book that deals with a most neglected area of nursing practice and provides a thorough examination of issues relating to health and safety. It sets these issues within a legal framework which again, is a neglected area within nursing. There is a need for Nurse Educators to address these issues within curricula and this book would develop the interest of Nurses concerning health and safety issues.

### **Psychology and Mental Health Nursing**

Milne, D., 1993                      Macmillan                      £12.99

Suitable for diploma and degree levels, this is a useful book for students studying psychology and nursing for the first time and is particularly useful to students to relate to psychology in mental health nursing. It contains useful exercises and case studies in every chapter.

### **Caring for Health : History and Diversity**

Webster, C., 1993                      Open University Press                      £12.99

This book covers the development of Health Care from a historical perspective to the 1990s, not only in this country but also examples of approaches internationally. Many useful illustrations and graphs are produced within the text. Each chapter has objectives as well as questions for self assessment to reinforce learning.

### **Complementary Medicine and Disability : Alternatives for People with Disabling Conditions**

Vickers, A., 1993

Chapman & Hall

£13.95

Geared to individuals with disabilities, this book would be a helpful guide to any individual seeking to choose a complementary therapy. It is written clearly and concisely. The reader is offered sufficient up to date information in order to make an informed choice.

### **Loving Care : Essential Guidance for those with Elderly Parents**

Streater, O., 1993

N & P Publishing

£7.99

Written primarily for the layman but useful for anyone involved in the care of elderly, this book offers a great deal of up to date information and resources including advice and useful addresses of organisations. It considers many critical aspects of caring for elderly relatives whether they be of good health, ill and/or disabled.

### **Writing for Health Care Professions**

Cormack, D., 1994

Blackwell Scientific

£12.99

One of the premises that this book is based on is that students in their basic professional educational course should be encouraged and supported to learn to write for publication. The same premise holds true for their teachers and other members of their profession. This book would be a very useful guide not only for student nurses and qualified staff, but for other members of the health care professions interested in learning to write for publication.