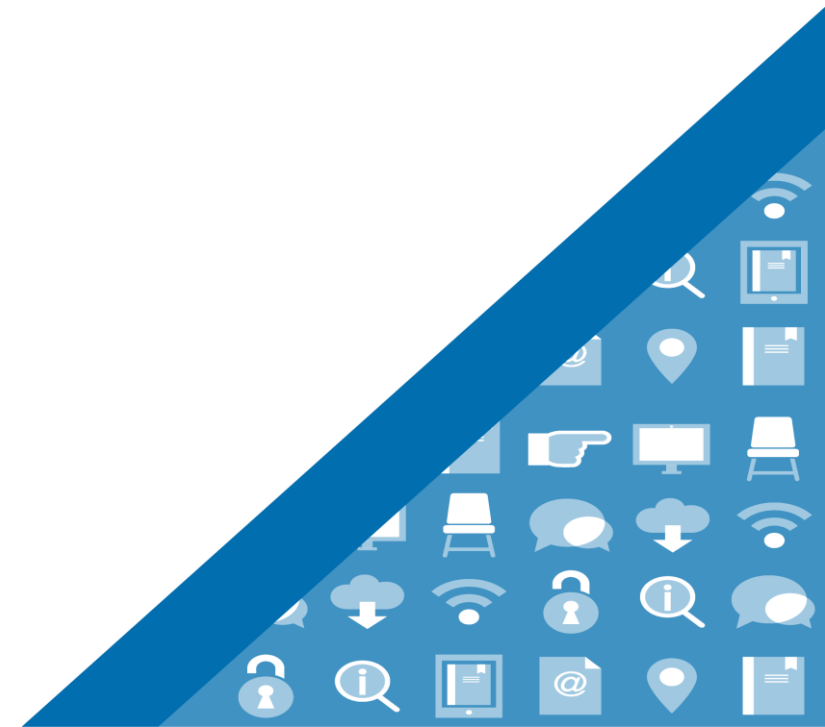


# Keeping up to date

## Maintaining your current awareness

# Phillip Barlow



## Aims and objectives

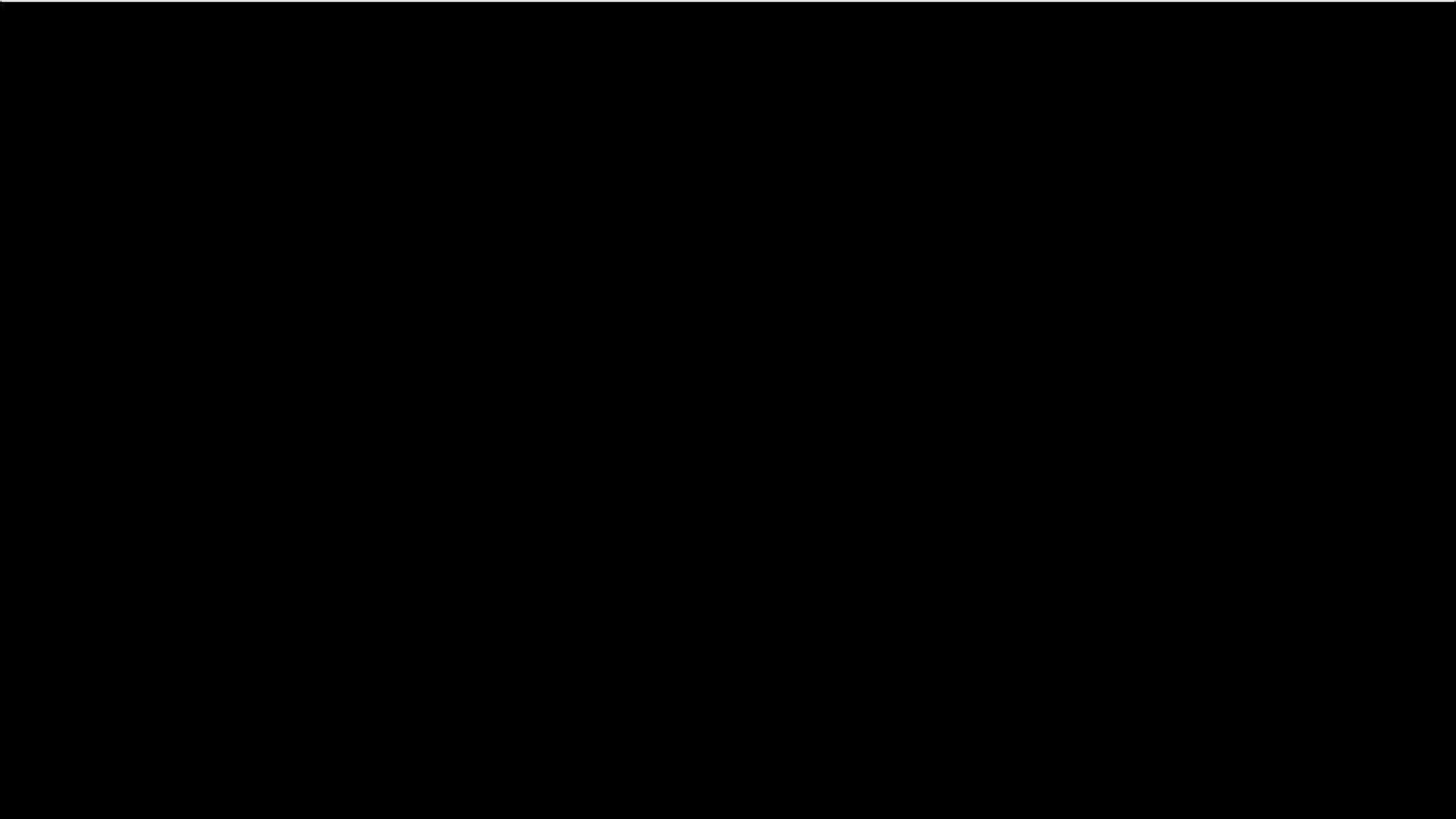
- To understand why you need to keep up to date
- To explore what freely available resources are available for keeping up to date
- To think about how you use them, and which is most appropriate for you

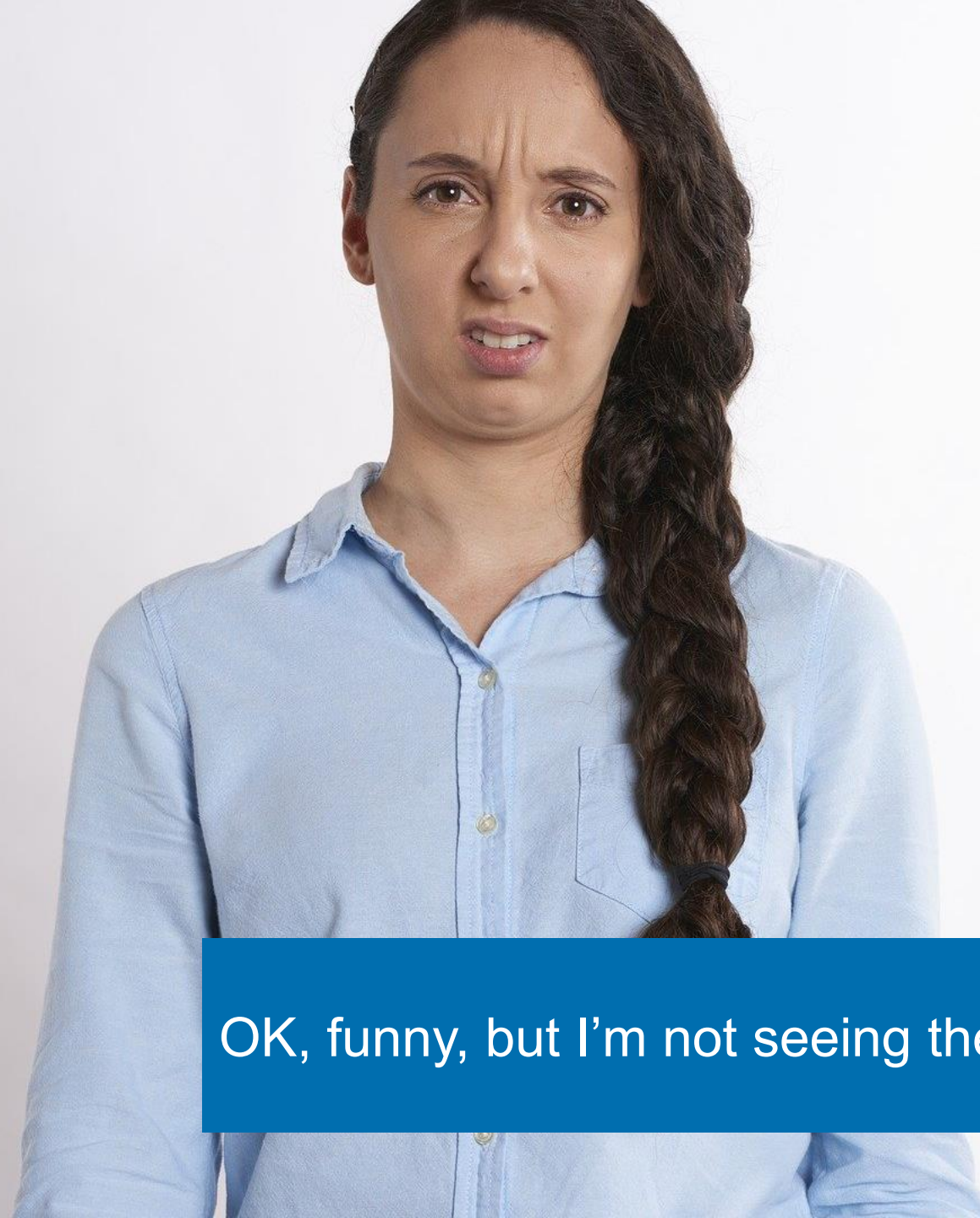


Right, so where do we start?

We start off with a video







OK, funny, but I'm not seeing the point...

- One thing above all else is important:
  - The Learning Never Ends
    - (Or else people would still be prescribing leeches)
- You should also be aware of things like these:

FPC 11:

Demonstrate professional practice in line with the curriculum, GMC and other statutory requirements through development of a professional portfolio.

FPC12:

Develop practice, including the acquisition of new knowledge and skills through experiential learning; acceptance of feedback and, if necessary, remediation; reading and, if appropriate, by research.

FPC13:

Understand the breadth of medical practice and plan a career.

*Foundation Programme Curriculum, May 2021*

Revalidation:

These are all of the requirements that you must meet in order to complete your revalidation and renew your registration every three years with the NMC:

35 hours of continuing professional development (of which 20 must be participatory)

*How to revalidate with the NMC, May 2019*

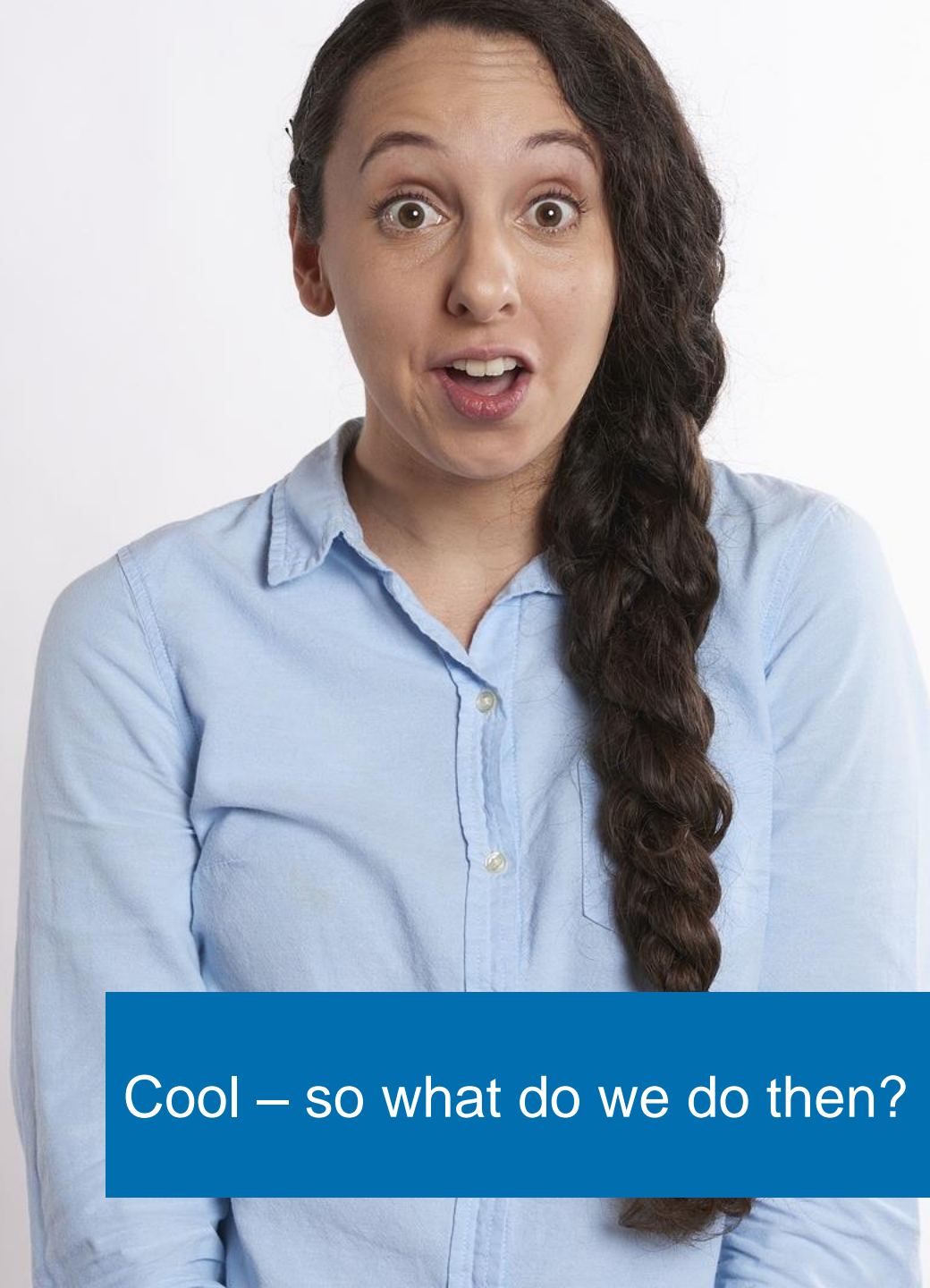


So what's the best way of doing that?



Keeping up to date  
(Or “current awareness” to put it another way)





Cool – so what do we do then?

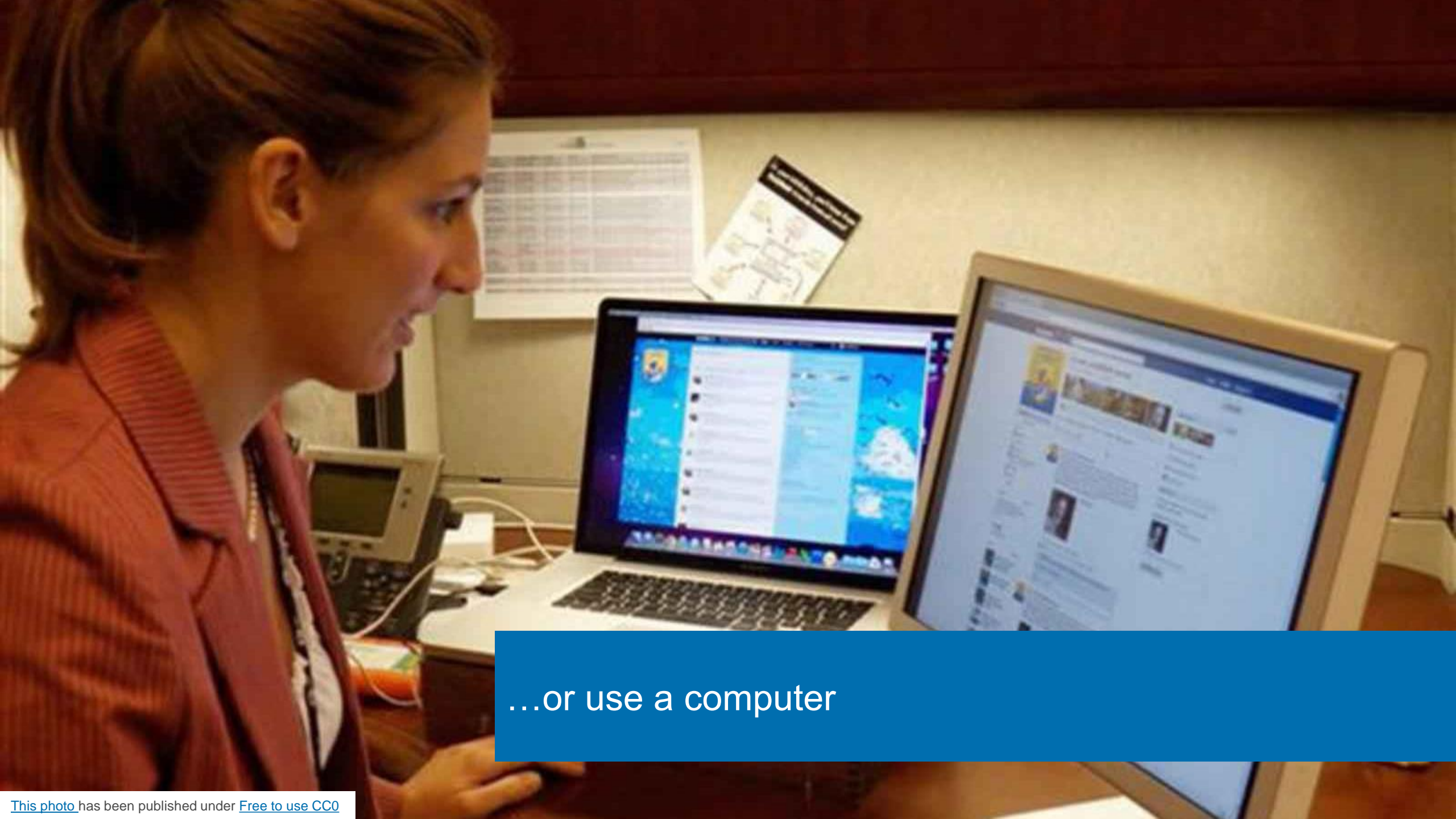
The first thing you need to do is read...



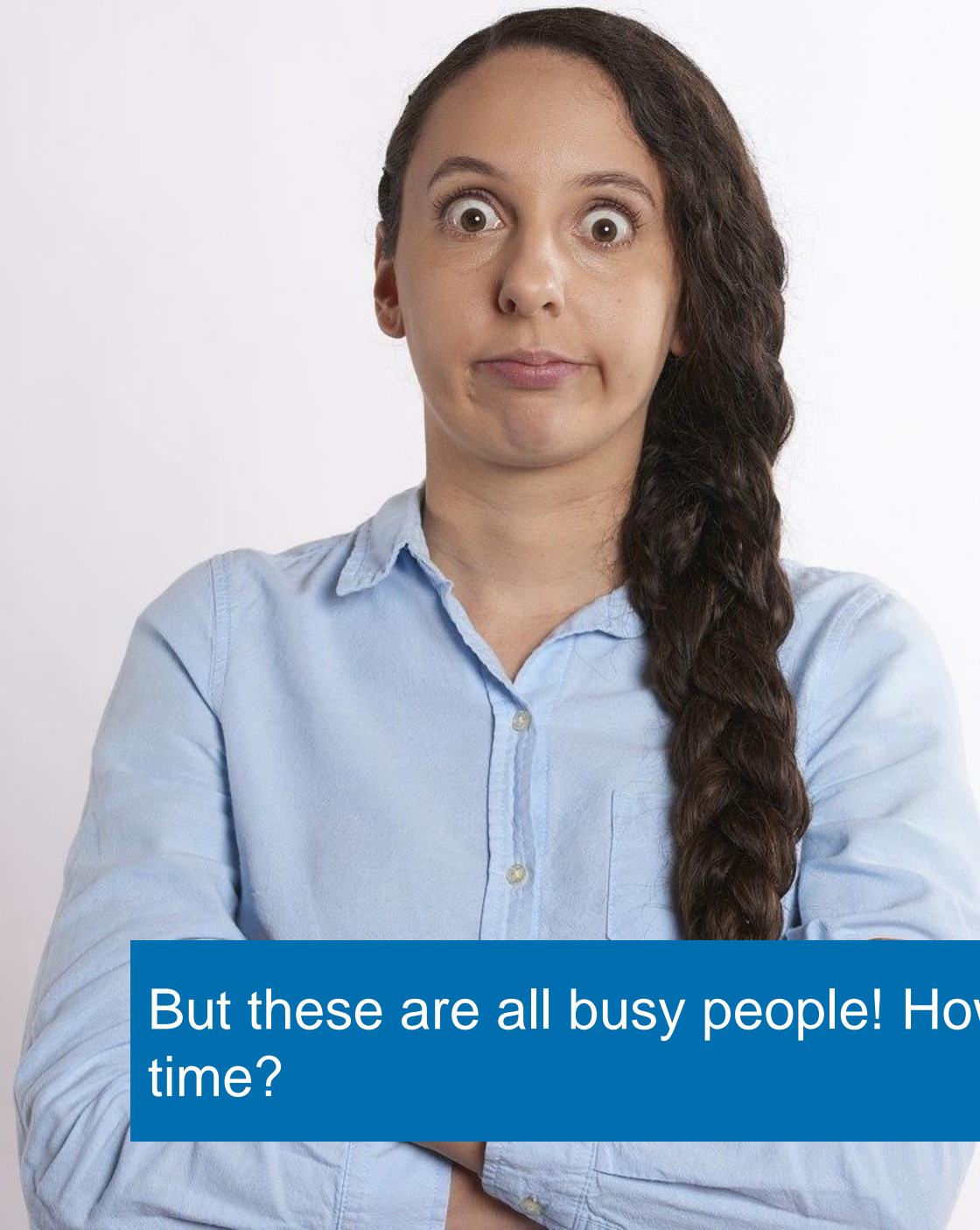


It doesn't matter whether you pick up a journal...





...or use a computer



But these are all busy people! How can they have the time?

# JournalTOCs

Avoid having to read a journal from cover to cover

JournalTOCs allows you to select journals you are interested in

Get the Table of Contents (TOCs) emailed to you when the latest issue is published

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Go to <http://www.journaltoocs.ac.uk>

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- Gases
- Livers
- Advances in Redox Research
- Sexual Offending : Theory, Research...
- Exploratory Research in Clinical a...
- Journal of Government and Economics
- Revista Jurídica Crítica y Derec...
- Tourism Critiques : Practice and T...
- JAMA Health Forum
- IIUM Journal of Orofacial and Heal...
- Journal of Pharmacy
- WPS Review International on Sustai...
- Revista de Estudios Jurídico Labo...
- Estudios Nietzsche
- Entreculturas : Revista de Traducc...

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| <input type="checkbox"/> The Lancet ▶              | <input type="checkbox"/> Library Review ▶          |

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# JournalTOCs

Go to <http://www.journaltoocs.ac.uk>

Register – you will be sent a confirmation email, so it's best to use one that you can access

Once your account is set up, register for TOC alerts from the following journals

- BMJ
- British Journal of Nursing
- A journal of your choice



So, what else is there then?



# KnowledgeShare



KnowledgeShare

KnowledgeShare is a resource that brings together different services provided by the library

One of these is emailed evidence updates personalised to you, based on topics you indicate when you sign up

# KnowledgeShare

## Selected Categories

### Age Groups

☒ Adults



### Conditions and Lifestyle Factors

☒ Cancer

☒ Colorectal Cancer



### Professional Interests

☒ Integrated Care

☒ Multidisciplinary Working

☒ Patient Safety

☒ Patient and Carer Experience

☒ Quality Improvement



### Settings

☒ End of Life Care in Hospital

☒ Hospital Ward

☒ Outpatient Department



### Staff Groups

☒ Mindfulness

☒ Nurse Specialist



- ☐ Age Groups
- ☐ Conditions and Lifestyle Factors
- ☐ Professional Interests
- ☐ Settings
- ☐ Staff Groups



KnowledgeShare uses the topic areas you indicate to generate the most recent published content in its database, which gets emailed to you as often as you specify – daily, weekly, fortnightly or monthly

# KnowledgeShare

## Privacy Settings

Who should be able to view your contact information?

Librarians only

All KnowledgeShare members

Librarians and staff of your organisation

Librarians only

Librarians only

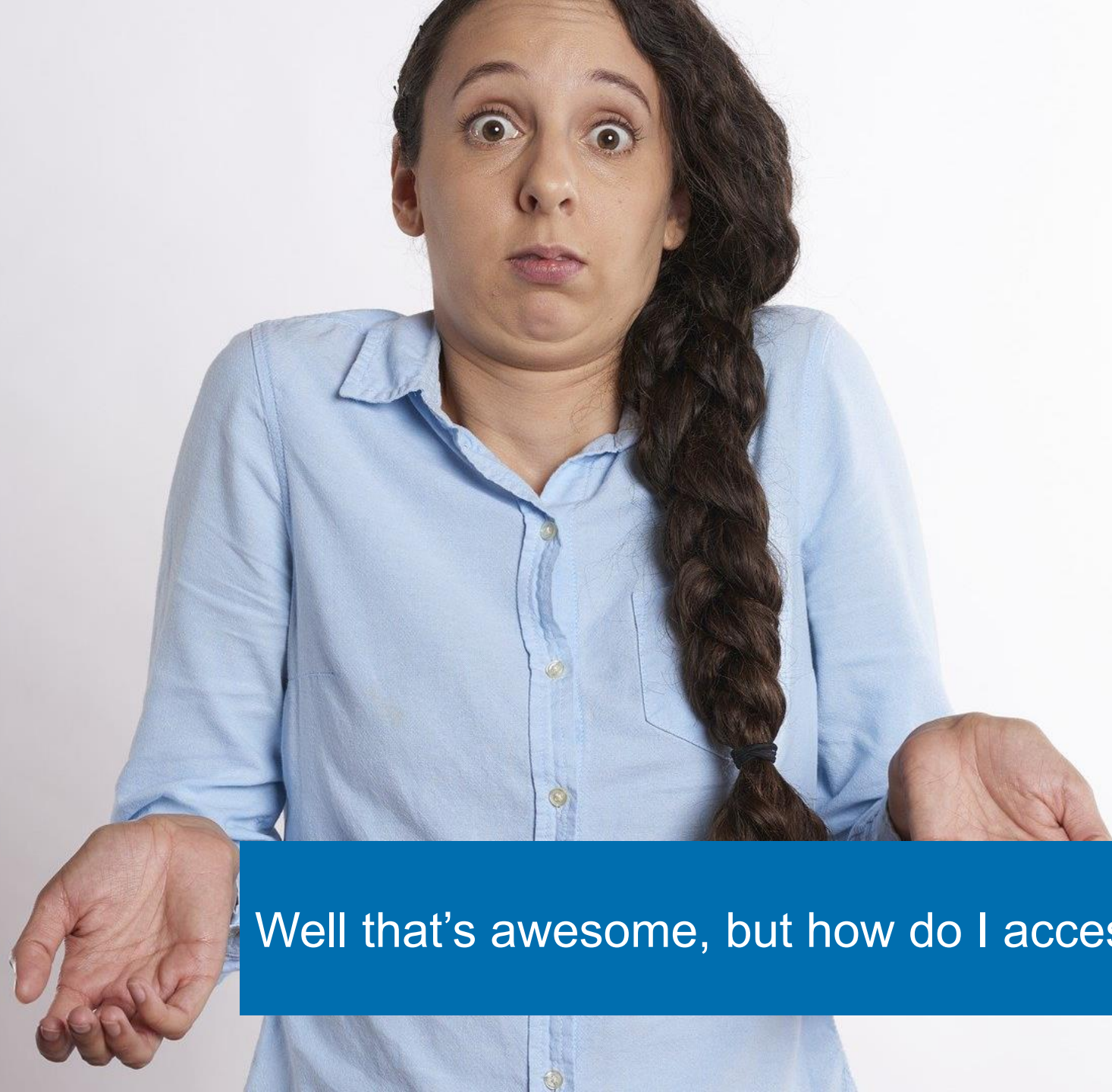
Send me news and bulletins from my Library and Knowledge Service ☒

Send me an e-mail when:

A colleague invites me to join a community of practice ☐

A colleague with shared interests joins KnowledgeShare ☐

KnowledgeShare also gives you the option of being contacted if colleagues with similar interests sign up, or invite you into a community to share ideas. It also allows you to decide who can see your details, whether it be just library staff, or other people in your organisation, or anyone signed up to KnowledgeShare.



Well that's awesome, but how do I access it?



# KnowledgeShare

- Just go to <https://www.knowledgeshare.nhs.uk/> and login with your OpenAthens account
- Or, you can sign up when you join the library



Is there anything else then?


# Evidence Updates

Highlight key points  
from new evidence,  
commenting on  
strengths and  
weaknesses

Sign up at  
<https://www.nice.org.uk/news/nice-newsletters-and-alerts>

# NICE Evidence – bulletins and alerts

## Update for primary care

 Monthly

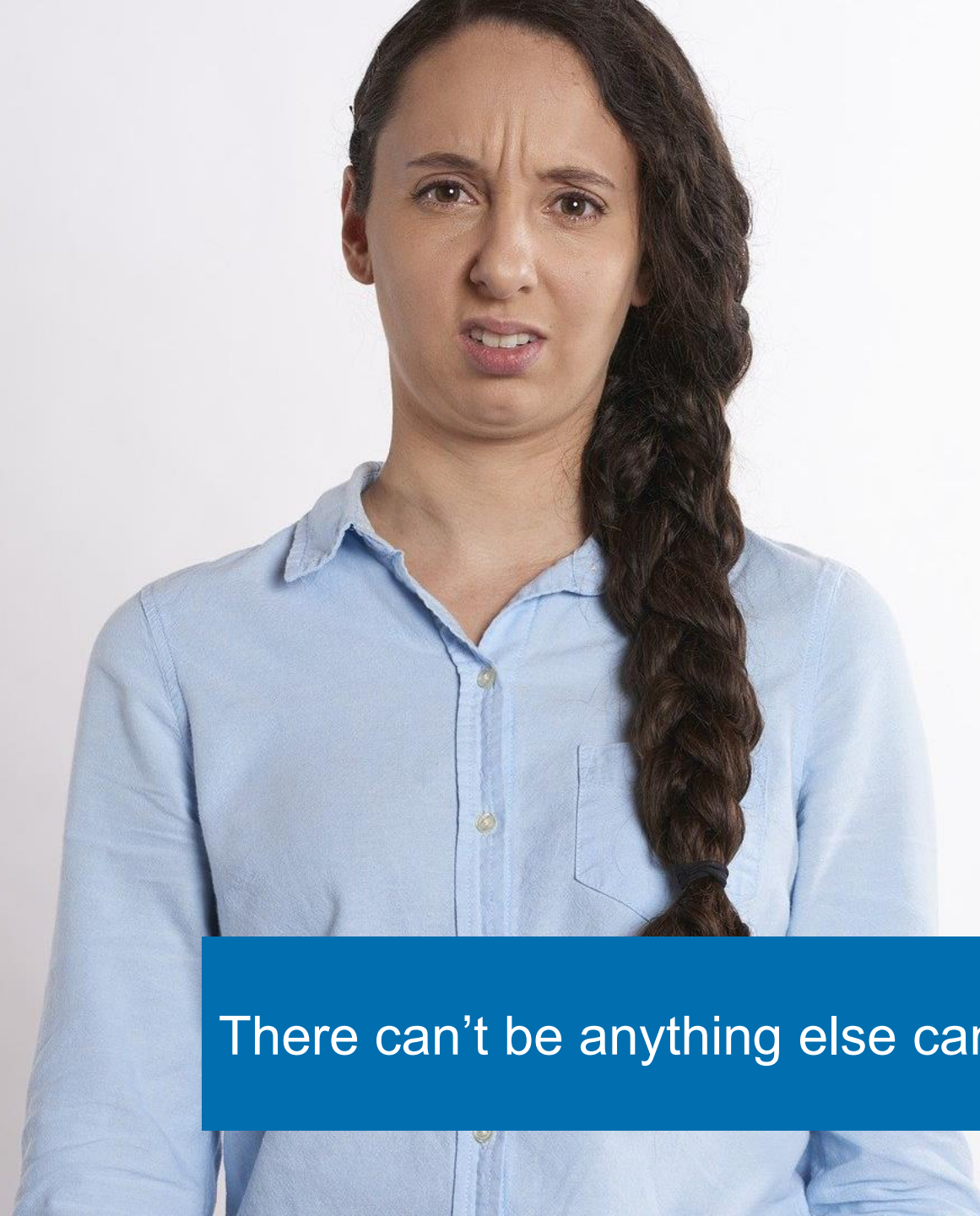
Our latest news and guidance for GPs and primary care staff

<https://www.nice.org.uk/news/nice-newsletters-and-alerts>

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- implementation advice and case studies
- the latest news, podcasts and blog posts.

Subscribe



There can't be anything else can there?

# Web 2.0

## Interactive web applications that allow collaboration

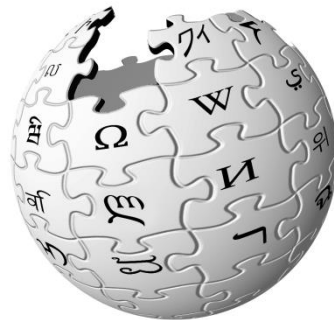
- Blogs
- Wikis
- Social networks
- Podcasting
- Video / Image sharing
- Apps

Content is user generated and can be added to directly by users, instead of by the owner(s) of the site



## Web 2.0

Web 2.0 can also be referred to as “social media”



## SOCIAL MEDIA EXPLAINED (DONUT EDITION)



« I’m eating a donut »



« I like donuts »



« This is where I eat donuts »



« Here’s a video of me eating a donut »



« Here’s a vintage photo of my donut »



« Here’s a pretty donut recipe »



« Here’s a viral picture of my donut »



« My skills include donut eating »



« Now listening to “Donuts” »



« I’m a Google employee who eats donuts »

## Web 2.0



On Twitter, the hashtag (#) links together posts with a common theme

- Used in so called Tweetchats



Wikipedia is one of the most used websites for finding information

- You can ensure the information is high quality by contributing - Wikipedians



## Web 2.0

Twitter is used by most professional organisations and education institutions – follow the library @impmedlibs

You can also find guidance on using social media professionally from your professional organisation

# Web 2.0

And you can usually access most Web 2.0 applications on one of these

[http://en.wikipedia.org/wiki/Web\\_2.0](http://en.wikipedia.org/wiki/Web_2.0)



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Of course, there is one simple way to keep up to date...





Talk to your colleagues – if you've done something new, tell them about it



These are just a few things you can do to  
keep up to date with all the new  
developments in your chosen vocation.

Not to mention stopping you from  
prescribing...



These are just a few things you can do to keep up to date with all the new developments in your chosen vocation.

Not to mention stopping you from prescribing...



Any questions?





# Summary

- To understand why you need to keep up to date
- To explore what freely available resources are available for keeping up to date
- To think about how you use them, and which is most appropriate for you



So you should now be going out and signing up to everything left, right and centre...

Thank you



[p.barlow@imperial.ac.uk](mailto:p.barlow@imperial.ac.uk)  
@hammerslibrary

